

INDIA PACKING LIST

Travel Documents

- Passport with at least 6 months validity after your dates of travel
- E-Visas printed
- Travel insurance with emergency contact telephone and policy number
- Flight tickets, e-ticket
- Photocopies of important documents like tickets, visa, passport, credit card, itinerary to be kept in each luggage bag and email a copy to yourself
- Trip Itinerary along with hotel address and phone
- Passport size photographs for various permits
- International driving license if you plan to drive
- Travel vaccination certificates

Luggage

- Easy to carry luggage is preferable as there are many stairs, uneven roads and tight places to fit your baggage.
- Day pack is essential for carrying your camera, water and scarf during the day

Personal Health

Medicine is readily available in India. Bring the essentials and load up on other stuff as necessary.

- Personal medication/prescriptions
- Prescription glasses and sun glasses
- Contact lenses and solution
- High protection sunscreen (50+)
- Lip balm
- Sanitary pads or tampons
- Travel sickness tablets or anti-vomiting tablets (Dramamine)



INDIA PACKING LIST

- Advil or other headache medication
- Chewable antacid/antigas tablets (TUMS)
- Imodium AD tablets (for serious diarrhea)

Money

- \$100-200 USD/Euros
- Money belt or pouch
- Call your bank & credit cards to let them know you will be in India

Sleeping Aids

- Eye mask
- Ear Plugs
- Inflatable neck pillow for comfortable sleeping for flight
- Night clothes/sleepwear

Clothing

It is recommended to bring fast drying and easy to wash clothing. If you will be going trekking in the jungle, or on a safari, wear beige, light green or light brown clothing.

- 4 pairs of loose, thin trousers (I love leggings for women)
- 4 thin and light cotton shirts and/or kurtas
- 1 long skirt/cotton dress for going out
- 1 long-sleeved top (for evenings when mosquitoes are out)
- 1 pair of jeans for horseback/camel riding type activities
- 1 thin cardigan for air-conditioned travel
- 2 shawl/scarves to cover your head, shoulders for religious places
- 4 pair of Socks/underwear
- 1 lightweight, waterproof, windproof jacket
- 1 Sarong which can be used as head/shoulder scarf, or blanket or wrap for beach
- Swimsuit



INDIA PACKING LIST

During Monsoon

- Rain jacket
- Lightweight folding umbrella
- Waterproof bags for rain protection while walking
- Waterproof shoes

Shoes

- 1 pair of flip-flops & waterproof sandals
- 1 pair of comfortable walking/hiking shoes with good grip

Travel Accessories

- Cell phone (Be sure that it's "unlocked" and you may be able to buy a local SIM card to make international phone calls. Otherwise organize Trabug phone)
- International plug adapter with UK and large round pin
- Camera, memory cards & extra camera battery with charger
- Hat/wide brim hat

Personal Items

- Toiletries: Shampoo, conditioner, body soap, face wash, moisturizer
- Shaving razors
- Hairbrush / comb
- Deodorant
- Makeup kit
- Toothpaste, Toothbrush
- Tweezers & nail clippers
- Feminine products (difficult, but not impossible to find in India)
- Small packets of Kleenex
- Paper soaps & Toilet paper
- Small sewing kit, safety pins & rubber bands
- Nutrition food bars for emergencies or if you don't like the food

